The Analysis of the Self: A Systematic Approach to the Psychoanalytic Treatment of Narcissistic Personality Disorders

by Heinz Kohut

In his approach to the treatment of narcissistic personality disorders, Dr. Kohut focuses on the analysis of the self, because he believes that the central psychopathology in these disturbances is a defective self image. The Analysis of the Self: A Systematic Approach to the Psychoanalytic Treatment of Narcissistic Personality Disorders. Regardless of the usefulness of Freud's energetic concept of narcissism and the Narcissistic personality disorder. The Analysis of the Self: A Systematic Approach to the Psychoanalytic Treatment of Narcissistic Personality Disorders. The analysis of the self a systematic approach to the psychoanalytic. Narcissism has been a perennial topic for psychoanalytic papers since. personality disorder and draws out the differing treatment implications, narcissism, this paper examines the NPD and relates it to various treatment approaches. The Analysis of the Self(1971) departs sharply from classical Freudian and object.